



TOGETHER
WE THRIVE!

COVID-19 PREPARED

RE-OPEN DUBOIS COUNTY SUPPORTED BY



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JUNTOS
SALDREMOS
ADELANTE!

ESTAMOS PREPARADOS ANTE EL COVID-19

La reapertura del condado Dubois es respaldada por



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COVID-19 PREPARED

To All Dubois County Businesses:

The Covid-19 pandemic is a challenge unlike anything we've ever experienced. The response to this virus by local, state and federal officials to counter the spread of the virus has been unprecedented. The requests to shut the doors of businesses of all sizes was one that was not made lightly. We know this was a hardship on all of you, but your willingness to comply has helped counteract the spread of this virus throughout Dubois County.

Because of your actions, Dubois County has positioned itself to re-open under the guidelines of the State of Indiana. While it's true this re-opening will be slow and deliberate, the Re-Open Dubois County Task Force was created to help lead the way. This task force has developed a comprehensive community initiative, known as **Together We Thrive**, to address challenges impacting our cities and the county as a whole. Supporting local is always an important cause, but never more than now. We are all in this together, and together we will thrive again.


Please let the enclosed packet act as the starting point to assist your business in re-opening. It is to be understood that Dubois County will follow the direction of the State of Indiana and Governor Holcomb's orders on re-opening. The work and direction of the Re-open Dubois County Task Force will evolve as conditions improve and as resources become available. Depending on the direction from state and local health department officials - indicators may dictate a lengthening or even a regression to more stringent guidelines. The suggestions and recommendations are simply that - - they do not encompass every industry, but rather represent a robust starting point for how general businesses can operate again safely, while protecting employees and customers.

In support of this initiative, we ask that all businesses put the enclosed window sticker in the entrance of their business to show your customers you are prepared and doing everything in your power to keep them safe.

Together We Thrive,



Mayor Dean Vonderheide - City of Jasper



Mayor Denny Spinner - City of Huntingburg



Chris James - Town of Ferdinand



Chad Blessinger - Dubois County Commissioner



BACK ON TRACK INDIANA

GOVERNOR HOLCOMB'S ROADMAP TO SAFELY RE-OPEN INDIANA

BACK ON TRACK INDIANA



STAGE 1 MARCH 24TH - MAY 4TH

All Hoosiers

Stay at home leaving only for essential work or necessities
Maintain social distance
Remote work whenever possible
No social gatherings greater than 10 people
Recommend Face coverings in public

Manufacturing, Industrial, Construction

Essential work permitted

State, County, & Local Government

Operational but buildings closed to public

Office Settings

Essential businesses open with social distancing & CDC measures
All other professional services conducted remotely

Retails, Malls, Commercial Businesses

Online, call-in with curbside pickup or delivery only

Healthcare

Nursing Homes closed to visitors
Elective procedures allowed to resume April 27;
one person may accompany a patient

Restaurants, Bars with Food

Carryout, curbside, and delivery only

Bars & Nightclubs

Closed

Personal Services (Hair, Nails, etc.)

Closed

Gyms & Fitness

Closed

Cultural Entertainment, Sports Venues, Tourism

Closed; state parks remain open with social distancing
Golf courses open

Playground, Water Parks, Amusement, etc.

Closed

Other

Campgrounds closed except for permanent RV or cabin residents
K-12 buildings, facilities, & grounds closed thru June 30

BACK ON TRACK INDIANA



STAGE 2 BEGINNING MAY 4TH

All Hoosiers

Continue remote work whenever possible
65 and older & high-risk citizens stay at home whenever possible
Essential travel restrictions lifted; stay close to home
Recommend all residents wear face coverings in public
No social or mass gatherings of more than 25 people
Religious services may convene inside places of worship on May 8

Manufacturing, Industrial, Construction

Open; must meet IOSHA, CDC guidelines
Screen employees daily; utilize face coverings according to best practices guidelines
Make provisions to maintain social distancing
Consult industry best practices
Provide employees, customers w/your COVID-19 policies

State, County, & Local Government

Some BMV branches will open by appointment only on May 4; limited public access to state buildings begins May 11
Screen employees daily; face coverings highly recommended
Make provisions for social distancing
Provide employees, customers w/your COVID-19 policies
County, local governments determine their own policies
Public libraries may re-open according to their own policies

Office Settings

Remote work encouraged whenever possible; as needed, return workers in small waves
Screen employees working in offices daily
Make provisions for social distancing

Retails, Malls, Commercial Businesses

Open at 50% of capacity; pickup, delivery preferred
Mall common areas limited to 25% capacity
Screen employees daily; face coverings highly recommended for employees & customers
Make provisions for social distancing
Provide employees, customers w/your COVID-19 policies

Healthcare

Nursing Homes closed to visitors
Congregate settings for seniors, adult day cares closed through at least May 31

Restaurants, Bars with Food

Dining room service may open at 50% capacity a week after the start of Stage 2
Bar seating closed; no live entertainment
Screen employees daily; employees must wear face coverings
Consult Indiana Restaurant & Lodging Association best practices
Provide employees, customers w/your COVID-19 policies

Bars & Nightclubs

Closed

Personal Services (Hair, Nails, etc.)

Open by appointment only; beginning a week after the start of Stage 2
Work stations spaced to meet social distancing guidelines
Screen employees daily
Employees & customers must wear face coverings
Consult industry best practices; provide/post COVID-19 safety plan

Gyms & Fitness

Closed

Cultural Entertainment, Sports Venues, Tourism

Closed; state parks remain open with social distancing
Golf courses open
Drive-in theaters may open

Playground, Water Parks, Amusement, etc.

Closed

Other

Campgrounds closed except for permanent RV or cabin residents
Boating allowed; must follow social gathering policy
Visitors to beaches & shorelines must adhere to social gathering policy & social distancing guidelines
K-12 buildings, facilities, & grounds closed thru June 30; DOE developing special guidance for graduation ceremonies

BACK ON TRACK INDIANA



STAGE 3 BEGINNING MAY 24TH

All Hoosiers

65 and older & high-risk citizens can use caution & limit exposure in community

Continue remote work whenever possible

Recommend all residents wear face coverings in public

Social gatherings permitted up to 100 people

No travel restrictions

Manufacturing, Industrial, Construction

Open; must meet IOSHA, CDC guidelines

State, County, & Local Government

Limited access provided for public; additional employees back to office buildings

Screen employees daily

Provisions for employees to maintain social distancing

County, local governments determine their own policies

Public libraries may re-open according to their own policies

Office Settings

Remote work encouraged whenever possible

Bring employees to office in waves

Screen employees working in offices daily

Make provisions for social distancing

Retails, Malls, Commercial Businesses

Open with restrictions of 75% of capacity; maintain social distancing

Mall common areas limited to 50% capacity

Screen employees daily

Highly recommend employees & customers wear face coverings

Provisions for employees to maintain social distancing

Consult Industry best practices

Provide employees, customers w/your COVID-19 policies

Healthcare

Nursing Homes closed to visitors

Congregate settings for seniors, adult day cares closed through

May 31; TBD after that date

Restaurants, Bars with Food

Dining room service open at 50% capacity

Bar seating closed; no live entertainment

Screen employees daily; employees must wear face coverings

Consult Indiana Restaurant & Lodging Association best practices

Provide employees, customers w/your COVID-19 policies

Bars & Nightclubs

Closed

Online, call-in pickup and delivery preferred

Screen employees daily

Employees must wear face coverings

Consult Industry best practices; provide/post COVID-19 safety plan for employees

Personal Services (Hair, Nails, etc.)

Open by appointment only

Work stations spaced to meet social distancing guidelines

Screen employees daily

Employees & customers must wear face coverings

Consult industry best practices; provide/post COVID-19 safety plan

Gyms & Fitness

Open with restrictions

Screen employees daily; must wear face coverings

Class sizes or equipment must be spaced to accommodate social distancing

Equipment must be cleaned after each use

Limit class sizes

Cultural Entertainment, Sports Venues, Tourism

Closed; state parks remain open with social distancing

Golf courses open

Drive-in theaters may open

Movie theaters may open at 50% capacity

Playground, Water Parks, Amusement, etc.

Playgrounds, tennis courts, basketball courts open

with social distancing

Community pools may open according to CDC guidelines

CDC will provide guidance on day camps and overnight camps

Other

Campgrounds open with social distancing limitations; sanitation precautions

Boating allowed; must follow social gathering policy

K-12 buildings, facilities, & grounds closed thru June 30

Visitors to beaches & shorelines must adhere to social gathering policy & social distancing guidelines

BACK ON TRACK INDIANA



STAGE 4 BEGINNING JUNE 14TH

All Hoosiers

65 and older & high-risk citizens remain cautious & social distance
Remote work as needed
Face coverings optional
Social gatherings permitted up to 250 people
No travel restrictions

Manufacturing, Industrial, Construction

Open; must meet IOSHA, CDC guidelines
Screen employees daily
Provisions for employees to maintain social distancing
Consult Industry best practices
Provide safety plan

State, County, & Local Government

Public access restrictions lifted
Screen employees daily
Provisions for employees to maintain social distancing
County, local governments determine their own policies
Public libraries may re-open according to their own policies

Office Settings

May resume in-office work at full capacity
Screen employees working in offices daily
Make provisions for social distancing

Retails, Malls, Commercial Businesses

Open at full capacity; maintain social distancing
Screen employees daily
Recommend employees & customers wear cloth face coverings
Consult Industry best practices; provide/post COVID-19 safety plan

Healthcare

Nursing Homes remain closed to visitors; nursing home guidance will continue to be evaluated
Decisions about congregate gatherings for seniors & other groups are to be determined

Restaurants, Bars with Food

Dining room service open at 75% capacity
Bar seating open at 50% capacity; social distancing required
Screen employees daily; must wear face coverings
Consult Indiana Restaurant & Lodging Association best practices
Provide COVID-19 safety plan

Bars & Nightclubs

Open at 50% capacity
Screen employees daily; must wear face coverings
Consult Industry best practices
Provide employees, customers your COVID-19 safety plan

Personal Services (Hair, Nails, etc.)

Open by appointment only
Work stations spaced to meet social distancing guidelines
Screen employees daily
Employees & customers must wear face coverings
Provide/post COVID-19 safety plan

Gyms & Fitness

Open with restrictions
Screen employees daily; must wear face coverings
Class sizes or equipment must be spaced to accommodate social distancing
Equipment must be cleaned after each use
Limit class sizes

Cultural Entertainment, Sports Venues, Tourism

Museums, aquariums may open at 50% capacity
Large venues may open following social gatherings guidelines
Screen employees daily; face coverings recommended
Consult Industry best practices

Playground, Water Parks, Amusement, etc.

Amusement parks, water parks, etc., may open at 50% capacity; reservations required
Screen employees daily; face coverings recommended
Provide employees, customers your COVID-19 safety plan
Recreational sports leagues, tournaments, may resume
CDC will provide guidance on day camps and overnight camps
Playgrounds, tennis courts, basketball courts open with social distancing

Other

Campgrounds open with social distancing limitations; sanitation precautions
Boating allowed; must follow social gathering policy
K-12 school facilities closed until June 30 for instruction and all activities
Visitors to beaches & shorelines must adhere to social gathering policy & social distancing guidelines

BACK ON TRACK INDIANA



STAGE 5 JULY 4TH AND BEYOND

All Hoosiers

65 and older & high-risk citizens remain cautious & social distance
Remote work optional
Face coverings optional
Social gatherings over 250 people permitted
No travel restrictions

Manufacturing, Industrial, Construction

Open; must meet IOSHA, CDC guidelines
Screen employees daily
Provisions for employees to maintain social distancing
Consult Industry best practices
Provide employees, customers with your COVID-19 policies

State, County, & Local Government

Resume normal public operations
Screen employees daily
Provisions for employees to maintain social distancing

Office Settings

Open for normal operations
Must meet social distancing guidelines
Screen employees daily; face coverings optional

Retails, Malls, Commercial Businesses

Open at full capacity; maintain social distancing
Screen employees daily
Recommend face coverings
Consult Industry best practices; provide/post COVID-19 safety plan

Healthcare

Nursing home guidance will continue to be evaluated
Decisions about congregate gatherings for seniors & other groups are to be determined

Restaurants, Bars with Food

Open at full capacity
Bar seating open
Screen employees daily; recommend face coverings
Consult Indiana Restaurant & Lodging Association best practices
Provide employees & customers your COVID-19 safety plan

Bars & Nightclubs

Open at full capacity

Personal Services (Hair, Nails, etc.)

Open for full service
Meet social distancing guidelines
Screen employees daily
Recommend face coverings
Consult industry best practices; provide/post COVID-19 safety plan

Gyms & Fitness

Open

Cultural Entertainment, Sports Venues, Tourism

Open; conventions, sports events, fairs, festivals, state fair may resume
Must meet social distancing guidelines
Screen employees daily; face coverings optional
Consult industry best practices

Playground, Water Parks, Amusement, etc.

Open
CDC will provide guidance on day camps and overnight camps
Must meet social distancing guidelines
Screen employees daily; face coverings optional
Consult industry best practices

Other

Campgrounds Open
Boating allowed
Resumption of K-12 activities to be determined



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HOW TO USE YOUR SAFE START KIT

In this packet you will find best practices for re-opening your business. The best practices listed within are not mandates, rather data-driven recommendations that will help keep you, your staff & your customers safe.

The heart of returning to work is the workforce. The need to plan ahead is not limited to the initial transition back to work, but rather includes preparing for likely employee relations scenarios that will arise after returning to work. While some of these employee relations issues may be unique to COVID-19, others will not be novel, but how an employer needs to respond very well may be. Assessment of current policies and practices should be reviewed to ensure they meet the needs of the workforce and business during this transition back to work, along with the creation of new policies. In particular, development of a protocol to limit the spread of COVID-19 and how to respond if an employee contracts COVID-19 is essential. Likewise, employers should plan for how to respond to employees who are in vulnerable populations or are fearful of returning to work. Employers would also be well-served to assess factors competing with an employee's ability or interest in returning to work, such as child or elder care responsibilities or generous unemployment insurance benefits.

This safe start kit represents guidance from local government, hospital, chambers of commerce, emergency management agencies, area businesses and subject matter experts. This guidance is intended to highlight key topics to consider as business leaders begin to re-open operations. Your individual facts and circumstances will be unique, and we encourage you to work with your preferred legal and financial advisors to adapt this guidance to your specific situation. As new information becomes available, we will send out any new guidelines and best practices that are released. We encourage you to keep this packet in a convenient location for easy reference and a home for all COVID-19 related information.

*** Disclaimer:** The COVID-19 virus is an ever-evolving landscape therefore any new regulations established by local or federal governments supercede any guidelines presented within.

MATERIALS CHECKLIST

1.



CLOTH FACE COVERINGS

2.



HAND SOAP

3.



DISPOSABLE TOWELS

4.



HAND SANITIZER

5.



SANITIZING WIPES/SOLUTION

6.



THERMOMETERS

7.



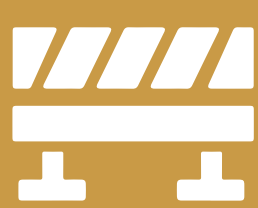
GLOVES

8.



SOCIAL DISTANCING SIGNAGE

9.



BARRIERS WHEN APPLICABLE

EMPLOYEE SCREENING

Screen all employees reporting to work for COVID-19 symptoms with the following questions:

- Have you been in close contact with a confirmed case of COVID-19?
- Are you experiencing a cough, chills, muscle aches, shortness of breath, or sore throat?
- Have you had a fever in the last 48 hours?
- Have you had new loss of taste or smell?
- Have you had vomiting or diarrhea in the last 24 hours?

Temperature screening employees:

- Best practice: employers to take temperatures on-site ideally with a no-touch thermometer each day upon arrival at work.
- Minimum: Temperatures can be taken before arriving. Normal temperature should not exceed 99.5 degrees Fahrenheit

****IMPORTANT**** Direct any employee who exhibits COVID-19 symptoms (i.e., answers yes to any of the screening questions or who is running a fever) to leave the premises immediately and seek medical care and/or COVID-19 testing, per CDC guidelines. Employers should maintain the confidentiality of employee health information.



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BEST PRACTICES



PREPARE THE BUILDING

Develop cleaning plans, conduct pre-return inspections, check HVAC & mechanicals, ensure safety of all workers.



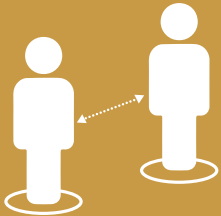
PREPARE THE WORKFORCE

Decide who returns & when, create employee communication protocol, prepare & post reminders of social distancing & cleaning guidelines.



CONTROL ACCESS

Control entry points including deliveries, reconfigure gather & lobby areas for social distancing, install barriers as appropriate, & consider temperature screening.



CREATE A SOCIAL DISTANCING PLAN

Consider phasing based on roles & priorities, stagger arrival/departure times, alternate work weeks, limit in-person meetings, support 6ft office protocols, monitor space usage, & designate foot-traffic direction in busy areas.



INCREASE CLEANING

Reduce touch points, create touchless ingress/egress, supply work areas with disinfectants, restock food/beverage with single serve items, create clean desk policy, & regularly clean common areas.



COMMUNICATE FOR CONFIDENCE

Communicate transparently, recognize the fear in returning, listen/survey regularly, ensure leadership alignment, & clearly set employee expectations with an emphasis on security.



BACK ON TRACK INDIANA

5 Stages to get Indiana Back On Track. Learn more about the different stages and the associated dates to get a better understanding about where we're going as a state. Governor Holcomb's Roadmap To Safely Re-open Indiana backontrack.in.gov

CONTACT INFORMATION

LOCAL SOURCES FOR SUPPLIES YOU MAY NEED TO RE-OPEN

These are suggestions and we cannot guarantee the availability of products at all times.

**Masks – Safety Glasses – Gloves – Hand Sanitizer – Signage – Banners – Thermometers
Hand Soap – Paper Products – Disinfectants – Dividers/Shields**

DUBOIS COUNTY HEALTH DEPARTMENT
812-481-7050

WOODS PRINTING COMPANY
812-536-2261

JASPER EQUIPMENT & SUPPLY
812-634-2501

JASPER INDUSTRIAL SUPPLY
812-482-1636

KRODEL WHOLESALE
812-482-1762

CVS PHARMACY
812-482-3300
812-683-3309

WALGREENS
812-481-1513

SHELDONS PHARMACY
812-634-7379
812-683-9600

WALMART
812-634-1233

IGA
812-482-1366

HOLIDAY FOODS
812-482-4464

RULER
812-481-0030

FRENCH LICK WINERY
812-936-2293

MEMORIAL HOSPITAL & HEALTH CARE CENTER
812-996-2345

HUBER WINERY
812-923-9463

KEUSCH GLASS
812-482-2566

UNIVERSAL TECHNOLOGIES
812-634-6200

2 SIGN GUYS
812-482-9136

MAILBOXES & PARCEL DEPOT
812-482-7447

IMPRESSIONS PRINTING
812-634-2574

TRUE VALUE STORES
812-634-9200
812-367-1850

ACE HARDWARE
812-683-1015

RURAL KING
812-482-4840

STURM HARDWARE
812-482-6506

MEYER DISTRIBUTING
812-482-5102

INDIANA PPE MARKETPLACE



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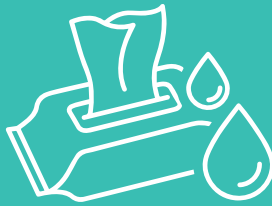
800.796.1523

info@woodsprinting.com

WE'VE GOT YOU COVERED!



CLOTH FACE COVERINGS



SANITIZING WIPES/SOLUTION



HAND SANITIZER



THERMOMETERS



HAND SOAP



GLOVES



SOCIAL DISTANCING SIGNAGE

REVENUE GENERATORS

Need budget-conscious ways to help generate revenue during this time?
Contact **Woods Printing Company** today!

1. DIRECT MAIL CAMPAIGNS
2. DIGITAL POP-UP STORES
3. CUSTOMER LOYALTY INCENTIVES

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Please visit the Memorial Hospital and Health Care Center website at www.mhhcc.org for updates regarding COVID-19.

This site includes the most current information including visitor restrictions, phone numbers to call if you have any of the COVID-19 symptoms, where to go to get a COVID-19 test, operational processes the Hospital is taking to keep you safe, status of elective surgeries and much more. The staff at Memorial Hospital remain committed to the health and safety of our patients and the communities we serve. We continue to make decisions based on the guidance from the Centers for Disease Control and Prevention, the Indiana State Department of Health and local health departments.

MEMORIAL  HOSPITAL

And Health Care Center

Sponsored by the Little Company of Mary Sisters - USA

800 West 9th Street ▲ Jasper, IN 47546 ▲ 812/996-2345

www.mhhcc.org



TOP 10 TIPS TO PROTECT EMPLOYEES' HEALTH

- 1. Actively encourage sick employees to stay home.** Develop policies that encourage sick employees to stay at home without fear of reprisals, and ensure employees are aware of these policies.
- 2. Have conversations with employees about their concerns.** Some employees may be at higher risk for severe illness, such as older adults and those with chronic medical conditions.
- 3. Develop other flexible policies for scheduling and telework (if feasible) and create leave policies** to allow employees to stay home to care for sick family members or care for children if schools and childcare close.
- 4. Talk with companies that provide your business with contract or temporary employees about their plans.** Discuss the importance of sick employees staying home and encourage them to develop non-punitive “emergency sick leave” policies.
- 5. Promote etiquette for coughing and sneezing and handwashing.** Provide tissues, no-touch trash cans, soap and water, and hand sanitizer with at least 60% alcohol.
- 6. Plan to implement practices to minimize face-to-face contact between employees if social distancing is recommended by your state or local health department.** Actively encourage flexible work arrangements such as teleworking or staggered shifts.
- 7. Perform routine environmental cleaning.** Routinely clean and disinfect all frequently touched surfaces, such as workstations, countertops, handrails, and doorknobs. Discourage sharing of tools and equipment, if feasible.
- 8. Consider the need for travel and explore alternatives.** Check CDC’s Travelers’ Health for the latest guidance and recommendations. Consider using teleconferencing and video conferencing for meetings, when possible.
- 9. Provide education and training materials** in an easy to understand format and in the appropriate language and literacy level for all employees, like fact sheets and posters.
- 10. If an employee becomes sick while at work,** they should be separated from other employees, customers, and visitors and sent home immediately. Follow CDC guidelines for cleaning and disinfecting areas the sick employee visited.

TIPS TO IMPROVE MENTAL HEALTH



COVID-19 illness can range from mild to severe. The virus usually spreads from direct person-to-person contact. It can also live on surfaces for many hours. Many people are struggling with basic decisions about how to go about their lives. A lot of people are anxious and fearful.

3 BASIC TIPS TO IMPROVE YOUR MENTAL HEALTH RIGHT NOW

CONTROL WHAT YOU CAN

Things that are in your control are your:

- **Thoughts**- try to remain positive in your thinking.
- **Feelings**- work to express these through journaling or talking with others, do not suppress these.
- **Behaviors**- control use of alcohol, tobacco, and other substances. Use positive coping skills.

TAKE CARE OF YOU.

LIMIT MEDIA EXPOSURE

According to *Psychiatric Times*, media coverage has highlighted COVID-19 as a unique threat, rather than one of many, leading to panic, stress, and the potential of hysteria.

- If your attempt to stay connected is causing you additional stress, we recommend taking a break!
- It's important to stay informed by checking reliable sources. Constant scrolling your social media feeds could just cause you more stress.
- Set limits on your media time.
- Don't accept everything you read or hear.
- Avoid reading news right before bed.

Reliable sources:

- **CDC-Centers for Disease Control and Prevention**
- **ISDH-Indiana State Department of Health**
- **WHO-World Health Organization**
- **Dubois County Health Department**

SELF CARE

Now is the time to start establishing some healthy habits if you haven't already. When we take care of our body, we optimize our ability to think clearly, solve problems, and manage our emotions.

Have a strategy for day to day living:

- **Eliminate disruption of routines.**
- **Get good sleep.**
- **Eat regularly.**
- **Stay hydrated.**
- **Positive Coping Skills:** deep breathing, meditation, journaling, exercise, hobbies (reading, sewing, gardening, etc.).
- **Talking to others and leaning on positive support systems.**
- **Don't be afraid to seek professional help.**

DUBOIS COUNTY MENTAL HEALTH RESOURCES

Memorial Hospital and Health Care Center

800 W. 9th Street, Jasper, Indiana 47546
812-827-6222-Mental Health Helpline 24/7

LifeSpring Health Systems

480 Eversman Drive, Jasper, Indiana 47546
812-482-3020
812-482-4020-24/7 Crisis Line

Creative Thoughts Counseling Center

332 3rd Ave, Jasper Indiana 47546
812-848-2213

Chin Song, INC

812-481-9988 (ask for Chin Song)

Groups Recover Together (MAT) Jasper

3118 Newton St, Jasper, Indiana 47546.
800-683-8313

Memorial Counseling Center

721 West 13th Street, Suite 121 , Jasper, Indiana 47546
812-996-5780

Center for Psychological Services

4201 Mannheim Rd, Jasper, Indiana 47546
812-481-9988

Catholic Charities

1029 Kundek Street, Jasper, Indiana 47546
812-482-1805

Playful Healing & Counseling, LLC

671 3rd Ave, Suite G Jasper, Indiana 47546
812-741-4754

Transforming Hope for Women's Ministries

475 W. 12th Ave, Jasper Indiana 47546
812-683-8785

Mental Health Crisis Lines

- National Suicide Hotline- 1-800-273-TALK (8255) (Español 1-888-628-9454)
<https://suicidepreventionlifeline.org/chat>
- Teen Suicide Hotline- 1-800-SUICIDE (784-2433) <https://suicidepreventionlifeline.org/chat/>
- Crisis Text Line- Text HELLO to 741741
- Veterans Crisis Line- 1-800-273-8255 www.veteranscrisisline.net
- National Hopeline Network- Offering chat services for individuals in mental health crisis www.imalive.org

Additional Hotlines:

- Poison Control- 1-800-222-1222
- Department of Child Services-24 Hour Hotline- 1-800-800-5556
- Look up Indiana- 1-800-284-8439 (Text 494949) <https://lookupindiana.org/>
Offering assistance in locating mental health and substance use resources.
- Domestic Violence National Hotline- 1-800-799-7233

Other Resources

- Helping Hoosiers maintain their well-being. <https://bewellindiana.com>
- Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)
- Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com



EMPLOYEE COVID-19 SAFETY GUIDELINES



STAY AT HOME WHEN SICK

Stay home when feeling ill, when exposed to COVID-19 (e.g., positive household member case), or if diagnosed with a confirmed case of COVID-19. Employees who are particularly vulnerable to COVID-19 according to the CDC (e.g., due to age or underlying conditions) are encouraged to stay home.



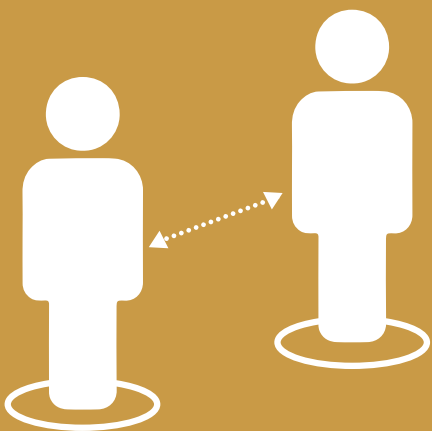
INCREASE HYGIENE PRACTICES

Wash hands more frequently, avoid touching face, practice good respiratory etiquette, disinfect work areas and highly used touch points (ie. doorknobs/handles, faucets, etc.).



WEAR A FACE MASK

Wear a cloth face covering (not an N-95 or medical mask, which should be reserved for healthcare workers) while at work and in public to help protect against the spread of the virus.



PRACTICE SOCIAL DISTANCING

Practice recommended social distancing to the greatest extent possible - "Further is safer".



FOLLOW EMPLOYER GUIDELINES

Abide by guidelines established by the employer, which may include the use of gloves, social distancing practices in the workplace, and increased sanitation.



EMPLOYEE PROTECTION

Businesses should follow guidance issued by the Centers for Disease Control and Prevention, as well as, any applicable federal or regulatory requirements. Should an employee feel they are in an unsafe environment, contact your employer's Human Resources department. If further assistance is needed, contact the Dubois County Health Department at 812.481.7050.